



ESSENTIAL FAMILY HOLIDAY PACKING LIST

Do Ahead

- Check you have valid travel insurance, including sports or activities
- Check all passports are in date (and have clean pages)
- Order foreign currency
- Arrange visas if needed or ESTA if travelling to the US
- Apply for your EHIC card if travelling within Europe
- Check if you need vaccinations or malaria treatment in advance
- Check airline baggage allowance
- Make a contact list of hotel, transfers and airline
- Pre-book airport parking or taxi / train tickets
- Check if you're on the best phone package for international travel
- Check earliest date you can reserve seats together
- Check in online (from 24 hours before)
- Have a spare house key cut for neighbour/friend
- Order a guidebook or download relevant guides
- Check local availability of nappies and formula if travelling with very young kids

In Your Hand Luggage

- Passports
- Driving License
- Address, telephone number and contact name at destination
- Credit cards and some local currency in cash (for airport food, tips or unexpected transport)

- In flight entertainment: iPad, phone and chargers
- Headphones
- In flight toys
- Paper and pen
- Snacks
- Change of clothes / PJs for each child
- Favourite sleep toys

- Sandwich bags for cosmetics
- Contact lenses/glasses
- Sunglasses
- Hand sanitiser

- A plastic bag
- Large, light muslin
- Lip balm and moisturiser
- Tissues

- A list of what you have packed in the main cases, so that you can check off everything when you repack.

In Their Suitcase

- Thermometer, paracetamol and rehydration sachets
- Insect repellent and sting cream
- Any regular medication and vitamins
- Sunscreen and after sun
- Hairbrush
- Shampoo
- Toothpaste and brushes
- Talc

- Swim gear: 2 or 3 changes per child to allow drying time
- Pool gear: goggles, snorkel, flippers, swimvest and toys
- Dry lined swim bag or mesh bag for swimwear and wet clobber

- Summer clothes
- A light jacket
- Long sleeved t-shirts
- Sunglasses
- Hats – wide brim for beach, cap for pool
- Underwear
- PJs
- Sandals or jellies for beach and pool

- Bedtime comforters
- Night time pull-ups (depending on age)
- Activity and bedtime books
- Wipes
- Kids camera and charger
- Travel blackout blind for early risers
- Night light (in case hotel lights aren't dimmable)

- One set of clothes for you/your partner

In Your Suitcase

- Spare sunglasses
- Swimwear
- Summer clothes (including light jacket and long sleeves)
- Underwear
- Accessories (belt, scarf, hat)

- Jewellery
- Sandals and closed shoes
- Workout gear and trainers

- Cosmetics: facial and bathroom
- Contact lens/kit (if applicable)
- Hair paraphernalia

- Tripod and camera, memory cards and charger
- Tablet/laptop/phone and chargers
- Plug adaptors
- Light beach bag
- Books and magazines

- One set of clothes for each child

When Travelling with Very Little Ones:

- Nappies, changing set and formula for flight (plus extra depending on availability at destination)
- Compact, one-piece folding buggy and sunshade
- Monitor – pack both ends
- Dummies (if used)
- Bottles/Drinking cups
- Bibs
- Muslins
- Armbands/swimring

Any Other Must-Pack Items...

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